



Here is a list of the most common anti-inflammatories (NSAID) that you will need to discontinue for ONE WEEK prior to and ONE MONTH following your procedure. If you take any medications for any other purpose, please continue to take them like normal. For example, if you take medication for high blood pressure, please continue to take those like normal. If applicable, we would like you to continue taking baby aspirin for heart health as well.

Any Tylenol (Acetaminophen) product can be used as a substitute pain killer if necessary.

Common Anti-inflammatory Medications

- Ibuprofen (Advil, Motrin, Robaxasal)
- Naproxen (Aleve)
- Celecoxib (Celebrex)
- Indomethacin
- Ketoprofen or Ketorolac (Toradol)
- Anaprox
- Piroxicam
- Sulindac
- Topical NSAIDs (ie. Voltaren, diclofenac, Rub A535, etc.)

Common Natural Anti-inflammatories

- Turmeric
- Boswellia
- White Willow Bark Extract
- Ginger Root Extract
- Bromelain
- Quercetin
- Devil's Claw